

Avoid taking aspirin or other non-steroidal anti-inflammatory drugs such as Ibuprofen, Advil®, Motrin®, Nuprin®, Aleve®, Celebrex®, Fish oil, Ginko Biloba, St. John's Wort and high doses of vitamin E for 7-10 days prior to procedure, as these may cause increased risk of bleeding and bruising at the treated site(s). Regular multi-vitamin and Tylenol® is permitted.

- Avoid alcoholic beverages for 24 hours prior to procedure as this can increase the risk for bleeding and bruising at the treated site(s).
- Avoid waxing, bleaching, tweezing, or the use of hair removal creams in the area(s) to be treated for one week prior to treatment.
- You may take Tylenol® 1 hour prior to your appointment if you have concerns about discomfort.
- If you have any history of Herpes Simplex (cold sores) on your face, make sure you inform your injector that you have made your appointment with, one week prior to your appointment; this will allow us adequate time to prescribe a medication to prevent an outbreak.
- Sunburned skin is difficult to treat so avoid too much exposure to the sun for one week prior to treatment.
- Eat a small meal or a snack before your appointment to help avoid lightheadedness during treatment.
- Always inform your injector of all medications, including supplements you may be taking as well as your medical history.

Precautions: You would not be considered a candidate for Botox® if you have any of the following:

- Myasthenia Gravis
- Allergy to Botulinum Toxin
- Neuromuscular disorder
- Pregnant or breastfeeding
- Allergy to human albumin

- Following your Botox® treatment, avoid all types of facial treatments and saunas for 1 week.
- Do not ice the Botox® treated areas.
- Do not touch or rub injected site for 2-4 hours following treatment.
- Avoid exercise and sweating for the remainder of the day.
- No lying down or leaning forward for 2-4 hours after treatment.
- To maximize results apply SPF daily.
- Avoid any type of facial, microdermabrasion, or massage for 14 days after treatment.
- Avoid Ibuprofen, Advil or Motrin, Tylenol is acceptable to take.
- Your satisfaction is important to us! We would like you to return to the office in 2 weeks for a follow-up assessment appointment, especially after your first treatment. This will ensure we are able to see how your facial muscles react to your treatment. If you require additional Botox® to fine-tune/adjust your treatment results, there will be additional charges at the regular rate.
- Botox® Cosmetic is a temporary procedure and at first, you may find that your treatment results will last approximately 3-4 months. If you maintain your treatment appointments with the frequency recommended by your clinician, the duration of each treatment results may last longer than 4 months.

Emergency: In the rare case of an emergency and medical attention is needed following treatment, you should contact Spargo Salon & Spa during regular business hours at (262) 695-7400. If after hours, you should contact the office of Spargo's Medical Director, Dr. Kenneth Dembny at (262) 970-5600.