

Spray Tanning Guidelines

What to wear:

- For your visit, stick to dark, loose fabrics, as tight clothes will make small marks. Flip-flops are the best choice for feet.
- Your tan lines are up to you. Get sprayed in a swimsuit or any type of under garment.
- When raining – loose sweat pants, a hoodie and rainboots are best for rainy weather. This will protect your spray tan from water damage or spotting. Please pack an umbrella.

Before you visit:

- Shave/ wax at least 24 hours before your Tanning Application.
- Exfoliate your skin 24 hours before your appointment paying extra attention to dry areas like your elbows, knees, ankles and dry patches.
- DO NOT moisturize, use any body lotions, deodorants, or apply make-up on the day of your tanning appointment.
- Manicures, pedicures, waxing and/or shaving must be done **the day before** your scheduled appointment.

What to Expect:

- Your skin type and the pH levels in your skin will allow for different results in each individual.
- Does NOT contain SPF. Please remember to apply sunblock!
- Color development takes several hours.

After Care:

The "life span" of your sunless tan depends on your skin's natural exfoliation. Following the aftercare guidelines is crucial for your tan to last.

- Do not shower or get wet (no sweating!) for at least 24 hours from your appointment.
- Do not scrub in the shower after your spray tan. Scrubbing will remove your color. Pat yourself dry with a towel, after each shower.
- Avoid swimming, exercising and sweating during the first 24 hours. Remember the solution does not contain any SPF.
- For maximum results, apply moisturizer twice daily, starting 24 hours after the spray. This will keep the skin moist and help the tan last.
- A light shave is okay after 48 hours
- Pool/ Spa/ Ocean - Recommended to wait 48 hours
- Avoid makeup for the first 12 hours

Please note:

Spray tans may not work on every skin type as each person has an individual chemical makeup, which the tan interacts with.